

Yale School of Medicine
Third Year Surgery Clerkship
Supervised Physical Exam: The Abdominal Exam

Please complete this form in its entirety and upload it to your Yale Box folder, before the last day of the clerkship.

Student name (last, first): _____

Date of completion:

Supervisor name: _____

Supervisor's signature:

☐ student **introduces** themselves to patient

☐ student completes **hand hygiene**

☐ student ensures patient is **lying flat**

☐ student exposes abdomen for **visual inspection**: correctly identifies scars, rashes, and ecchymosis; considers contour

☐ student identifies any area of particular pain and examines that **painful area last**

☐ student auscultates for **bowel sounds**

☐ student **percusses** abdomen

☐ student **palpates** one area of the abdomen at a time (RUQ, LUQ, RLQ, LLQ, epigastrium, suprapubic) eliciting any tenderness, light palpation followed by deep palpation, evaluating for masses, hernias, pain

☐ student evaluates for **rebound** tenderness and guarding

☐ as applicable, is able to evaluate for Murphy's sign/Rovsing's sign/reducible ventral hernia